



# Heads Up...14/10/24

Your weekly Tenterfield newsletter  
from Mrs Beare!

## Message from Mrs Beare

Thank you so much for all our families joining us at the church last Tuesday. I am sure you will agree, the children were AMAZING!!

Don't forget, We have world food day coming up on Weds 16th Oct.

## Snack Donation

Have you made your snack donation this term?

To help us to provide a range of interesting snacks for the children we would be grateful if you could provide a donation of £2 per week towards this.

Savings can be made by a donation each half term (£12), termly (£24) or yearly (£68) to the office .

You can make payment via School Gateway. If you have any problems please let Rhoda in the office know.

## Wipes & Tissues

Thank you so much to those who have donated a box of tissues or wipes this week. We are still very grateful for more donations please, especially tissues!

There are lots of runny noses in the nursery!

## Toys in Rucksacks

We are noticing an increased number of children's toys in their bags. This encourages children to play in the corridors, because they are showing their friends the items in their bags. It is for their safety that they do not play in the corridors, as all the teachers are in the classrooms and garden.

Can we please ask for your cooperation with not bringing ANY toys into nursery.

## Catch Up Calls

Catch up calls will take place this week.

This will be a phone call from your child's key person.

Please see the email that was sent out Thurs 10th Oct.

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## October Holiday Club

Holiday Club bookings are now open.

This October we are partnering with Herts & Beds Coaching

Mon 28th & Tues 29th: Team Tenterfield (Book via school gateway)

Weds 30th & Thurs 31st: Herts & Beds Coaching (Booking info below)

Fri 1st Nov: Tenterfield Tinies 9.30-11am (No need to book)

## Babies Bottles

Mrs Day is looking for baby bottles for our role play area, if you have any to donate to the nursery please?

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## PTFA

**COFFEE MORNING TOMORROW at 9am**

We have a fantastic Parent, Teacher & Friends Association. Last year we organised 3 events: Twilight Christmas, Bingo Night & Tenterfest!

We need your help and support this year to join our PTFA and help organise events which raise much needed funds for our amazing nursery!

# World Food Day

We will be celebrating World Food Day on Weds 16th October.

It will be a fantastic opportunity for our children to taste a variety of foods from around the world, celebrating the diverse cultures within our Tenterfield family!

We would love you to provide some food from your culture or a country that is important to your family. Please can you let the office know if you are able to bring something?

Last year we had Welsh cakes, spring rolls, pizza & more!! We used world maps to see which countries the food originated from. Some children even bought their favourite foods from holidays they have been on! Feel free to be as creative as you can!



Please bring any food to the main office on the morning of Weds 16th October together with an ingredients list (for allergies)

# Pre Existing Injuries Form

If your child has an accident at home or comes in with an injury, we now have a form for you to complete. This helps to make sure that all children are safe, we are aware of any injuries, and ensure we have appropriate first aid provision.



## Existing Injuries Form

Incidents or injuries that occur outside of Tenterfield Nursery School.

Child's Name		
Date of accident		
Nature of injury		
First Aid given <small>Please include any information on hospital admissions</small>  <small>Please include any adaptations your child may need in place at nursery whilst they recover</small>		
Highlight the area the injury is located on this body map		
Parent Signature:		Date:
Staff Signature		Date:
Uploaded to CPOMS:		

This form is to be completed by a parent or carer when they bring a child to nursery that has a pre-existing injury. Please include as much detail as possible about the injury, first aid administered and any changes we need to make in nursery. We will upload this form electronically to your child's profile.

## Telling an adult

Last week we have been talking to the children about the importance of telling an adult if they are upset or hurt.

With such a wonderful. Large environment, we need the children to communicate their needs to us if an adult is busy with another child/ren. We appreciate you talking to your child and reiterating this important message.

- October 30th & 31st
- 8.45am - 3.15pm
- For ages 3 - 8
- For all abilities, split into groups
- Sports on the playing fields if the weather permits
- £35 for one day, £60 for two
- 10% sibling discount



Email [Hertsandbedscoaching@gmail.com](mailto:Hertsandbedscoaching@gmail.com)

Or click on the link below to book directly

<https://forms.gle/Gpd6xv9TQscv53pD6>

PLACES VERY LIMITED!!



# OCTOBER HALF TERM

## SPORTS & ACTIVITY CAMPS

Days filled with sports sessions run by specialist sports coaches. Fun & creative team building games and activities that are inclusive for all.

Wednesday 30th October  
Thursday 31st October  
8.45pm-3.15pm  
£35 for 1 day, £60 for two

**PLACES LIMITED**

**£35 PER DAY  
10% sibling discount**

We accept childcare vouchers, please email us for more information

**Location :**  
Tenterfield Nursey, Welwyn

**Open to all children  
Aged 3—8**

[www.hertsandbedsspecialistcoaching.com](http://www.hertsandbedsspecialistcoaching.com) **BOOK HERE NOW** [hertsandbedscoaching@gmail.com](mailto:hertsandbedscoaching@gmail.com)



## Autumn Term Dates

Tues 8th October	Harvest Festival @ Church. Children need to be taken to church for 9.30am
Mon 14th October - Fri 18th October	Catch Up Calls Week Details will be emailed
Wed 16th October	World Food Day Please bring a dish to represent a nationality
Thu 17th October	World Values Day
Mon 28th October - Fri 1st November	HALF TERM
Mon 4th November - Fri 8th November	Fireworks Week
Tue 12th November	Odd Socks Day Come to nursery wearing your odd socks!!
Thu 14th November	World Diabetes Day
Fri 15th November	BBC Children in Need
Mon 25th November	Occasional Day Nursery Closed
Thu 5th December	International Volunteers Day Do you have a skill or occupation you could come and share with us?
Mon 9th December - Fri 13th December	Catch Up Calls Week Details will be emailed
Fri 20th December	Last Day of Term Nursery finishes at 1pm for our 30hr Children
Mon 23rd December - Fri 3rd January	Christmas Holiday

# Counselling Services for Schools & Families

Please see below a flyer advertising the counselling service for schools and families.

The link for referrals is: [LSP Counselling Referral Form](#)



**Reduced Rates for LSP Buy-In Schools**

## COUNSELLING SERVICES FOR SCHOOLS & FAMILIES

### COUNSELLING SESSIONS BY BACP REGISTERED COUNSELLOR

- ANXIETY
- DEPRESSION
- LOW MOOD
- RELATIONSHIP/FRIENDSHIP ISSUES
- BULLYING
- STRESS
- LACK OF CONFIDENCE/LOW SELF ESTEEM
- LOSS/BEREAVEMENT

**SESSION OPTIONS:**

- SCHOOL SESSIONS
- ONLINE SESSIONS
- COMMUNITY SESSIONS\*\*
- SCHOOL STAFF SUPERVISION

TO COMPLETE A REFERRAL FORM, PLEASE SCAN QR CODE OR USE WEBLINK BELOW  
<https://form.jotform.com/242726611537356>



Made with PosterMyWall.com **\*\*Community sessions are subject to risk assessments**

# ONLINE SAFETY NEWSLETTER.



## SMARTPHONES VS FEATURE PHONES?

**Smartphones vs dumb phones guide for parents | Internet Matters** The debate around smartphone use in childhood is growing, with some schools, including some Hertfordshire, starting to ban phones. There is also increased discussion about feature phones as safer alternatives. Internet Matters has created a helpful guide to compare options.



### **EE launches age guidance for smartphone usage in drive to improve children's digital wellbeing**

In August 2024 it was announced that EE were launching new age guidance for smartphone usage, addressing growing concerns about children's online safety and the effects of device usage on their overall wellbeing.

The age guidance suggests:

**Under 11:** Use non-smart devices like feature phones with texting and calling capabilities, restricting access to social media and inappropriate content.

**Aged 11-13:** Smartphones can be used with parental controls and a family-sharing app (e.g., Google Family Link or Apple Family Sharing), while limiting social media access.

**Aged 13-16:** Smartphones are appropriate with parental controls to manage access to content and platforms; social media is allowed but should be linked to a parent or guardian's account.

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## THE ABC ONLINE SAFETY CHECKLIST



Internet Matters have created an age-related ABC checklist for online safety:

A= Activate parental controls

B= Balance screen time

C= Check and chat

*'We've broken down the ABCs by age to help you manage your individual child's online safety.'*

**Use the ABC online safety checklist for parents | Internet Matters**

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## GAMING TIPS FOR PARENTS OF NEURODIVERGENT CHILDREN.

Internet Matters has published a helpful guide – focussing on online gaming safety tips for parents and carers of neurodivergent children. The simple 5-page guide covers research, examples of suitable games, some of the challenges parents face, and the key benefits.

The guide can be accessed [here](#)

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### DISCORD CHATROOM

There are growing concerns around content and conduct in the Discord chatrooms. Discord is a platform that hosts chat rooms dedicated to individual games including Fortnite. In a recent investigative report **'Why gaming still has a woman problem'** by Sky News, it was reported that *'There's no way to report Discord users for comments they make in voice chat.*



*There is for text-based conversations, but that is not how many gamers use Discord.'*

<https://www.internetmatters.org/resources/abc-online-safety-checklist/>

If your child is using chatrooms whilst gaming, Kids Online World has created a brief overview for parents and carers

[Discord - KIDSONLINEWORLD.COM](https://www.kidsonlineworld.com/discord)

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The information in the newsletter is given to help promote the safety of children and young people online.

Every care has been taken to ensure the information and any recommendations in the newsletter are accurate at the time of publishing. Schools must make their own judgements when sharing our recommendations with parents and carers and, where appropriate, always risk assess with their pupils and whole school community in mind.

This newsletter is brought to you by the HFL Education Wellbeing team as part of their online safety support for schools and settings in Hertfordshire. Contact the team at [wellbeing@hfleducation.org](mailto:wellbeing@hfleducation.org) or call 01438 544464.

HFL Education is a leading national provider of school improvement and business support services, training, and resources, which enable schools, educational settings and multi-academy trusts to deliver a great education.

We support those we work with to achieve successful long-term outcomes for their children.

We believe that every young person, through access to a great education, should be able to realise their potential, regardless of where they live, their background or circumstances.



01438 544 464

[Visit our website](#)

