



# Heads Up...20/09/24

Your weekly Tenterfield newsletter  
from Mrs Beare!

## Message from Mrs Beare

This week we have started induction. This is where we teach the children how to use the nursery resources independently. Each group has their own puppet... which often doesn't do the right thing!! (Oh dear!) And the children have to teach them our nursery rules. Its a fun way for the children to learn our rules & expectations. Ask your child about their group puppet

Next week we will be learning lots of harvest songs...so I am sure they will come home singing these too!

Mrs Beare x

## Don't Forget...

Harvest Festival at St Marys Church on Tues 8th Oct at 9.30am. The children (not pink group) will need to be taken to the church for 9.30am (unless they are booked into breakfast club) and we like parents to attend the short service with us.

You will need to take your child to Tenterfield after the service where they can stay for their normal nursery session. We will be looking for volunteers to walk to the church on Monday 30th Sept. Please see the email that was sent 19/09/24

## Macmillan Coffee Morning

We will be holding a Macmillan coffee morning just after drop off at 8.45am on Friday 27th September. Please note that this will be a cashless event. There will be a QR code to scan to make donations.

To support our coffee morning, please can you help us by donating cakes. These can be homemade or shop bought but please remember if they are homemade to include the ingredients for Allergy purposes.

So we can set up on time, please can we ask that any cake donations are dropped off at the school office the day before on Thursday 26th September.

We thank you for your support.

## Message from Miss Grainger

We will be looking at the colour monster book over the next month and I would like to do some sorting activities with glass/plastic jars. If anyone has any old cooking sauce jars or coffee, jam etc - plastic or glass just as long as it has a lid. Please bring to the nursery office.

Many Thanks.

---

## Morning Drop Off

The children are doing brilliantly coming in on their own, thank you for supporting them to come into nursery independently.

Please can anyone bringing buggies or scooters, put them straight under the canopy, to avoid blockages at busy times.

Everyone is welcome to wait under the canopy in the mornings and make use of the lending library. This allows more space in the walkway.

Remember, any messages need to go to the member of staff on the lower gate, as the staff at the nursery door are there to support the children into nursery happily & safely.

---

## PTFA

We have a fantastic Parent, Teacher & Friends Association. Last year we organised 3 events: Twilight Christmas, Bingo Night & Tenterfest!

We need your help and support this year to join our PTFA and help organise events which raise much needed funds for our amazing nursery!

We will be holding our first meeting on Tuesday 15th Oct at 9am. So please join us for a cuppa after drop-off.

# Have you ever considered becoming a school governor at tenterfield?

The Tenterfield Governing Board have a vacancy for a Parent Governor (effective from September 2024), to join our team of friendly, enthusiastic, outward-looking and community minded parents and professionals.

School governors are volunteers who work together with the Headteacher to deliver the best education and experience for the pupils at their school or setting. Generally, school governors do not need to be specialists in education. In fact it is more desirable to bring together a wider range of skills, knowledge and backgrounds in order for a board to work effectively.

Ultimately, they work with the school to ensure that pupils receive the best opportunities to learn in an environment in which they feel happy and secure.

The full governing board meets every half term, both online & in-person. The meetings generally last around two hours.

Most of our current governors work full time and manage to fit in their role around their other commitments. This is a hugely exciting time to be a governor at Tenterfield. Our nursery school is currently rated "Outstanding" by Ofsted and demand for places remains high. However, Tenterfield is not standing still and continues to remain at the forefront of innovation in Early Years practice.

Governors are unpaid, doing what they do simply to try to make their school the best it can be. In return they obtain skills and training which they may not otherwise acquire and also gain a wider perspective on a key part of their community.

Most importantly, governors get the satisfaction of knowing they are helping to make a difference in the education of the children who attend their school.

If you would be interested in having an informal chat about the role, or to find out more about how you can contribute to governance at our nursery school, then please email me at [L.hill@tenterfield.herts.sch.uk](mailto:L.hill@tenterfield.herts.sch.uk) or speak to Vicky for more information.

Thank you,  
Lucy Hill (Chair of Governors)

# DSPL5 The Incredible Years Parent Programme (4-7 year olds)

The Incredible Years Programme is for parents and carers of children aged 4-7 years, whose children display distressing behaviour. This may include conduct disorders, oppositional defiance disorder or where ADHD might be suspected or diagnosed.

This evidence based programme is for 8 to 10 parents/carers and includes group discussions, group activities, use of video clips and 'have a go' tasks to try at home

## Incredible Years Parent/Carer Group



**TO BOOK A PLACE:** Please **CLICK HERE** or alternatively please visit [nessieined.com](http://nessieined.com)



**DSPL** | Delivering Special  
Provision Locally

Achieving quality outcomes

DSPL 5 Welwyn and Hatfield

### OVERVIEW:

The Incredible Years Programme is for parents and carers of children aged 4 to 7 years, whose children display challenging and/or distressing behaviour. This may include conduct disorders, oppositional defiance disorder or where ADHD might be suspected or diagnosed.

This evidence based programme is for 8 to 10 parents/carers and includes group discussions, group activities, use of video clips and 'have a go' tasks to try at home.

### Dates:

#### Wednesdays:

18th September 2024  
25th September 2024  
2nd October 2024  
9th October 2024  
16th October 2024  
23rd October 2024  
6th November 2024  
13th November 2024  
20th November 2024  
27th November 2024  
4th December 2024  
11th December 2024

**Time:** 10:00AM - 12:00PM

**Venue:** Swallowdell Primary School  
Blackthorn Road, Welwyn Garden City  
AL7 3JP

**Cost:** Free (funded by DSPL5)

Helping children and young people thrive

NESSIE IN ED CIC. Company registered in England & Wales number: 11719406

## Autumn Term Dates

Fri 27th September	Macmillan Coffee Morning Please bring in cakes for our cake sale
Tues 8th October	Harvest Festival @ Church. Children need to be taken to church for 9.30am
Mon 14th October - Fri 18th October	Catch Up Calls Week Details will be emailed
Wed 16th October	World Food Day Please bring a dish to represent a nationality
Thu 17th October	World Values Day
Mon 28th October - Fri 1st November	HALF TERM
Mon 4th November - Fri 8th November	Fireworks Week
Tue 12th November	Odd Socks Day Come to nursery wearing your odd socks!!
Thu 14th November	World Diabetes Day
Fri 15th November	BBC Children in Need
Mon 25th November	Occasional Day Nursery Closed
Thu 5th December	International Volunteers Day Do you have a skill or occupation you could come and share with us?
Mon 9th December - Fri 13th December	Catch Up Calls Week Details will be emailed
Fri 20th December	Last Day of Term Nursery finishes at 1pm for our 30hr Children
Mon 23rd December - Fri 3rd January	Christmas Holiday

# Beezee Families

We are Beezee Families, and our team deliver FREE heathy lifestyles programmes to hundreds of families across Hertfordshire.

This is Parent Mail. It's a FREE resource (attached to this email) that we'll share with you twice a term to tackle the biggest challenges faced in making healthy choices.

We also have FREE healthy lifestyle programmes that start in September to support families to build healthy habits together. Sign-ups are open now, so families can secure their free spot. Alternatively, they can ask about 1:2:1 support. [Visit our website for more details.](#)

## Looking for healthy after-school snack ideas?



**Beezee**  
**FAMILIES**

### We've got you covered!

Our free, Beezee Families healthy lifestyle programme can help your family make healthy habits.

### Tuck into these healthy snacks:

- Two wholegrain crackers and tzatsiki
- Rice cakes or corn cakes
- Two crackers with a spread of low-fat cream cheese and cherry tomatoes
- Plain or Greek yoghurt and fruit
- 150ml homemade fruit smoothie
- Vegetable sticks (carrot/pepper/cucumber) with hummus
- Fruit kebabs



- Wholegrain toast with a thin layer of peanut butter
- Breadsticks
- Handful of dried fruit
- Dried apple slices (slice into 1/4 inch circles, bake at 200 degrees until dry)
- Handful of homemade popcorn
- Homemade fruit ice lollies
- Apple slices with peanut butter.



Want more healthy lifestyle support?

Check out our website to find out how we can help your family.\*

Scan here

or

Click the link





We're here to help your family

make healthy habits fun



Join our FREE, 12-week healthy lifestyle programme to help your family build habits around food and physical activity. Our in-person group sessions start on:

**Date:**

Mon 23 September 2024

**Time:**

17:00 - 19:00

**Venue:**

Birchwood Avenue Primary School, Hatfield, AL10 0PS

**Or you can join us online!**



[hrt.maximusuk.co.uk](http://hrt.maximusuk.co.uk)

Sign up for your  
**FREE PLACE** today



[BZBinfo@maximusuk.co.uk](mailto:BZBinfo@maximusuk.co.uk)

k



**01707 248 648**



Hertfordshire