

Tenterfield Nursery School

Sun Safety Policy

| Based on Model Policy | Not applicable |
|-----------------------|-----------------|
| | |
| Review body: | Headteacher |
| Date issued: | July 2021 |
| Review frequency: | Every two years |
| Review Date: | July 2023 |
| Target audience: | Parents & Staff |



<u>Vision</u>

- To deliver high quality education in a supportive, caring and secure environment in which everyone is valued.
- To provide a centre for the families in our community to learn, grow and play.
- To continue to offer exceptional specialist provision for children and families with additional needs.

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Section 3 – The Statutory Framework for the EYFS – 3.2 - Safeguarding and Welfare Requirements 'Providers must take all necessary steps to keep children safe and well.'

1. Policy Statement

At Tenterfield Nursery School we want children to enjoy the sun safely. We are committed to providing information and education about the risk posed by over exposure to the sun. We will work together with parents to achieve this by keeping children protected and educated about the dangers and risks of the sun.

2. Implementation of Policy

Education and Information

- All staff will talk to their children in group times and story times in the summer term to make them aware of the importance of protection from over exposure to the sun's rays.
- Parents will be informed of the Sun Safety Policy in the Tenterfield Nursery newsletters.
- Parents will be advised how they can help us protect their children from over exposure to the sun's rays whilst they are at nursery.
- Posters and displays will be displayed around the setting advising how to protect children from over exposure to the sun.
- During the summer months we are aware that children are at a higher risk of sun burn as the sun is at its strongest. We will ensure that sun screen is available for all children attending 30hrs & wrap around care.

'Sun Safe' Checklist;

- All parents of children who attend Tenterfield Nursery School will be required to complete the Parental Consent section on the admissions form in order for staff to apply sunscreen during the day.
- All children are required to have a high factor sun protection cream applied before coming to Nursery (minimum factor 30) and if this is not possible, for example in the case of allergies, they should wear long sleeved clothing and have legs covered.
- All children are required to bring and must wear a sun hat whilst playing outside. (Spare hats will be kept at Nursery).
- All children will wear suitable clothing i.e. shoulders and upper arms covered, for example by a T-shirt.

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- Children must wear appropriate shoes, which are correctly fitting and allow safe running, jumping, climbing etc. Shoes with toe posts, flip flops and crocs are not suitable as they pose a health and safety risk. 'Doodles' type shoes are ideal.
- Children will have access to fresh water throughout each day.

Outdoor Safety

- Staff will amend plans and activities as necessary to ensure that children can play in shaded areas of the garden and do not have over exposure to the sun. These areas Include:
- The playground canopy
- The large tree

Outdoor Activities

- Activities will be planned to ensure that children do not get overheated (dens for reading or playing quietly etc.).
- Water trays will be placed in shady areas
- Children who are getting over-heated or who have spent a lot of time outside will be encouraged to play quietly indoors.

Applying sunscreen to children who attend 30hrs & wrap around care

- Supplies of quality, high factor, hypoallergenic sunscreen will be purchased by Tenterfield Nursery School and kept in nursery classroom cupboards.
- Staff will apply sunscreen to the wrap around & 30hr children after lunch and again, where applicable, at tea time.

<u>Staff</u>

Staff should ensure that they set an appropriate example of dress and sun safety. This includes:

- Appropriate clothing; shoulders covered, appropriate necklines. Bare midriffs, strappy tops and low necklines are not appropriate as professional dress and may pose a health and safety risk.
- Appropriate footwear to carry out usual daily work. This means that sandals should be of a type that supports the foot appropriately. Toe posts, flip flops, crocs excessively high or stiletto heels, or thin strappy sandals are inappropriate.

Recommendations

- It is wise to apply a high factor sunscreen whilst at work and to understand that this should be re applied during the day.
- It is wise to wear a hat if exposed to the sun for any length of time.
- It is wise to drink plenty of water when the weather is hot.

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Sun Safety for Parents

During hot weather parents are asked to:

• Dress their child in clothing which covers the skin and protects children from the sun. Wide brimmed hats, hats with a flap of material protecting the neck and clothes with long sleeves to cover shoulders and arms are recommended.

• Provide a named sunhat. Wide brimmed hats, hats with a flap of material protecting the neck and clothes with long sleeves to cover shoulders and arms are recommended.

• Apply a good quality water proof sun screen before your child leaves home. No sun screen should be brought into school unless agreed with the school office.

• No flip flop sandals please as these can cause accidents in nursery.

• Provide a named water bottle which will come to and from nursery everyday.

At nursery:

• Children are encouraged to drink water regularly during hot weather.

• Children will be encouraged to use the shade in the garden during the hours of 11.00 a.m. and 3.00 p.m.

• Sun cream will be re-applied after lunch, children will be encouraged to apply it themselves with the support of their keyperson

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