

Talking to children and young people about coronavirus/Covid-19

See Hampshire Services information

Newsround information and clips to share with children

<https://www.bbc.co.uk/newsround/51204456>

<https://www.bbc.co.uk/newsround/13865002>

<https://www.bbc.co.uk/newsround/51861089> (Please note: this film was made before lockdown procedures were put in place, however the information is still clear and relevant)

Stories for younger children

<https://www.elsa-support.co.uk/wp-content/uploads/2020/03/Childrens-story-about-coronavirus.pdf>

<https://www.elsa-support.co.uk/wp-content/uploads/2020/03/Coronavirus-Poland.pdf> (Polish version)

Supporting children with additional needs

Information for parents - <https://usevisualstrategies.com/autism-coronavirus-helping-students-understand/>

https://www.autismparentingmagazine.com/managing-coronavirus-with-autism/?utm_source=ActiveCampaign&utm_medium=email&utm_content=Managing+Autism+Amid+COVID-19&utm_campaign=March+19+2020+Mini+Newsletter+with+COVID-19

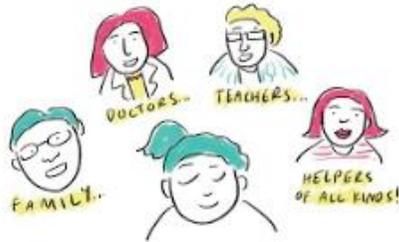
<https://www.ppmid.org/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf>

Information for older children

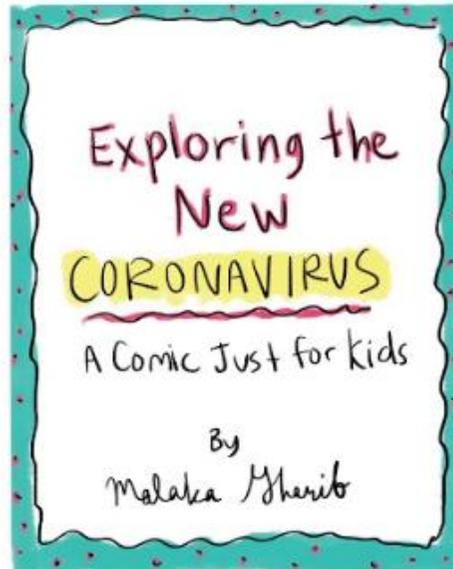
Comic Just for Kids – see below (also online <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>)

AND DON'T FORGET!

There are a LOT of helpers out there who are working to protect you. It is NOT your job to worry.



But seriously, though...
PLEASE wash your hands!!!



It's a word you might have heard at school or online or on T.V.



This CORONAVIRUS is a newly discovered virus. It causes a disease called COVID-19.

Most people who have gotten sick with this coronavirus have had a mild case.

And there aren't a lot of cases in kids. If kids do get the virus, it tends to be very mild.



People who are much older or who already have health problems are more likely to get sicker with coronavirus.

If anyone gets sick and feels like they might have coronavirus, they can immediately call their doctors and get help.



There are some things you can do to protect yourself, family and friends from getting sick.

① WASH YOUR HANDS OFTEN

* USE SOAP AND WATER

* WASH FOR AT LEAST 20 SECONDS. IF IT HELPS, SING THE ABC'S WHILE YOU DO IT—THAT'S ABOUT 20 SECONDS.

* WASH AFTER USING THE BATHROOM OR BEING IN PUBLIC SPACES (LIKE THE BUS OR PLAYGROUND).



② SNEEZE INTO YOUR ELBOWS

* CORONAVIRUS IS BELIEVED TO SPREAD THROUGH LITTLE DROPLETS OF FLUID FROM YOUR LUNGS.

* IF YOU SNEEZE INTO YOUR ELBOWS, YOU CAN PREVENT GERMS FROM GOING INTO THE AIR AND ONTO YOUR HANDS.



③ AVOID TOUCHING YOUR FACE

* DON'T PICK YOUR NOSE, DON'T TOUCH YOUR MOUTH, DON'T RUB YOUR EYES.

* THESE ARE THE PLACES WHERE GERMS ENTER OUR BODIES.



It's very important to remember that this kind of virus can affect

ANYBODY.

It doesn't matter where you come from or what country your parents are from.

